



Personal retreatant guest rooms include:

- double or queen-sized bed
- comfortable chair
- writing desk
- refrigerator
- microwave
- toaster
- all bedding and linens
- private bathroom with shower

Meals may be available. Contact us for availability, rates and to customize your retreat experience!

St. Paul of the Cross Passionist Retreat Center

Why a retreat?

To make a retreat is not to escape from the real world, but to be in touch with aspects of reality that are often covered over with noise and busyness.

We slow down and open our hearts to the presence and voice of God in our lives that often gets missed by the many distractions that life puts in our path.

Plan your personal retreat today by contacting Roz at (313)286-2848 or rsalter@stpaulretreat.org

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Personal Retreats

for Individuals & Couples



St. Paul of the Cross
Passionist Retreat Center
Detroit, MI

A retreat can offer:

A change of place: a tranquil environment other than what is familiar to withdraw from our routine activities.

A change of pace: time spent apart from the noise of our daily activities, an opportunity for stillness, a chance to physically slow down as well as cease our inner busyness.

A change of focus: time to relax our bodies and ease our hold on the personal anxieties of the day. Our perspective shifts as we begin to see ourselves as part of a greater whole.

“Come away by yourselves to a deserted place and rest a while.”

MT 6:31

On a private retreat, the retreatant plans his or her own time, often including prayer, rest and relaxation. One may choose to read, take a walk on our beautiful grounds, or spend time coloring a Mandala.

Retreatants may also meet daily with a Spiritual Director to process their prayer and better discover the movement of God in their life.

Retreatants determine the length of their retreat. Sometimes it can take a few days just to "unplug" from the hectic pace of life, so guests are invited to stay overnight or for up to eight days.

