



# From Super Stressed to . . . Super Nurse

Friday,  
September 30, 2011

8:30am—3:30pm

\$5 per person

St. Paul's is located  
East of Telegraph and  
South of I-96 on the  
Schoolcraft Service Drive

## Student Nurses Under Stress...

- Start your academic year off on the right foot and take home a tool kit of stress management tools to use throughout the year
- A delicious lunch will be served at noon
- A fun-filled presentation focused on rest and relaxation in a peaceful environment



Sign up for the perfect stress-free day!

## Register Today ~ From Super Stressed to Super Nurse

You may register on-line, by detaching this panel and returning it to the retreat center,  
or by calling (313) 286-2802. A \$5.00 non-refundable payment is required.

Reservations are necessary as seating is limited.

**I will attend the Student Nurses Stress Seminar on Friday, September 30, 2011, from 9:00am—3:00pm**

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Amount Enclosed: \$\_\_\_\_\_ Or charge the amount of \$\_\_\_\_\_ to:  Visa  MasterCard  AmEx  Discover

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

St. Paul of the Cross Passionist Retreat & Conference Center ♦ 23333 Schoolcraft ♦ Detroit, MI 48223-2405

313.286.2802 ♦ [www.passionist.org/stpauls](http://www.passionist.org/stpauls) ♦ [msansotta@passionist.org](mailto:msansotta@passionist.org)